

TOUCH



Our focus for the series is that all relationships get better when we do them God's way. The target mindset that we're looking for is Jesus. The best thing that can happen to you is not just that you're in church, but that Jesus is in you.

- Can you give an example of being affected in a positive way by a friendly (non-sexual) touch?

Even Jesus engaged in the power of life-giving touch with his disciples. The Apostle Paul instructed believers to greet each other with a "holy kiss" to create an atmosphere of warmth and welcome.

- In this modern time, we don't engage in "holy kisses," but do you think it is important to have greeters to welcome people to Christ's Church either by a hug, handshake or fist bump? Why?

Read **Genesis 1:27-29**.

God not only created sex, and commanded it, but also created in us the ability and desire to engage in it. That makes our sexuality good, not evil.

- Does that statement challenge any previous opinions you've had or observed of sex or sexuality?

The Bible tells us that there should be boundaries involved with engaging in sex.

Read **Hebrews 13:4** and **1 Corinthians 6:16-18**.

Boundaries are important because they keep your body and soul protected.

- What do you think or feel about these boundaries?
- If you are married, what ideas come to mind that you can you do to make your relationship better?
- If the Touch scale on the R.A.M chart is low in your marriage, can you think of what you and your spouse need to work on regarding the other scales that would invite improvement in this one?

APPLICATION

God created physical touch to be life-giving and bond-building between people at the right time. Whether it's between family members, friends, acquaintances, people you are meeting for the first time – is there a relationship you are involved in where you can appropriately show more life-giving touch to create a space of welcome and warmth?

