



# TABLE OF CONTENTS

LETTER FROM JASON
HOW TO USE THIS BOOK
HOW TO PRAY
HOW TO USE S.O.A.P.S
WEEK 1: GENESIS 25:12-34 & 26 – GENERATIONAL SIN
WEEK 2: GENESIS 27 – DECEIT
WEEK 3: GENESIS 28 – BLESSED
WEEK 4: GENESIS 29:1-30 - TRICKED
WEEK 5: GENESIS 29:31-35 & 30 - FAMILY
WEEK 6: GENESIS 31 & 32 – BROKEN AND RENAMED
WEEK 7: GENESIS 33 – RECONCILIATION
WEEK 8: GENESIS 34 – CONSEQUENCES
WEEK 9: GENESIS 35 & 36 - THE MEASURE OF A MAN
NEXT STEPS
RELATIONSHIP INVENTORY
PRAYER JOURNAL

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Athletes can tell if there's something not quite right in their body. They may not have an obvious injury, but there's a hidden pain that begins to intensify. If not addressed, a tiny fracture can worsen and lead to a complete break. The same thing is true in our relationships. On the surface, things may look fine, but underneath, we know something isn't well. There's just something off in my marriage. I can't get in sync with my friend. I can't put my finger on it, but I think my boss is upset with me. All our relationships experience stress, but what we do about that stress makes all the difference. Most relationship problems are normal but not insurmountable!

As we continue our study through Genesis, we'll take a closer look at Isaac and Jacob, two of the early patriarchs of our faith. Their stories are filled with relational stress in their marriages, families, friendships and community. Their success and failures will provide not just examples of what not to do, but a road map to find reconciliation and restoration. After all, isn't that the goal? Not being right, but being restored?

The Bible says, "...as far as it depends on you, live at peace with everyone." (Romans 12:18, NIV) If healthy relationships depend on us, then we all have some work to do. Join us for a relational MRI and we'll examine the little things that can help heal the relationships most important to us.

Pray with me: Please heal my stressed out and fractured relationships. Help me to own my own junk. Give me the eyes to see others and move to meet their needs. Fill me with Your hope and grace and help me to give to others what You have given me. -Amen.

Walking with you,

Pastor Jason

# HOW TO USE THIS BOOK

This workbook is volume two of a three-volume study series through the book of Genesis. The workbook may be used during weekly teaching lessons, personal study time and group discussion.

"Do not merely listen to the word, and so deceive yourselves. Do what it says." - James 1:22 (NIV)

#### **3-THIRDS STUDY METHOD**

Scripture is the expert. The Holy Spirit is the ultimate teacher (John 14:26). Our goal is to encourage our church to read the Bible and discover what God has to say to them. God's Word is full of revelations just waiting to be discovered. Simple, memorable questions allow a disciple to: 1) discover and understand the character of God, 2) encourage them to obediently apply Scripture to their life and 3) share it with others.

This Bible study method promotes the authority of God's Holy Word, practical daily discipleship and evangelism. It removes the need for an "expert" to lead them and trusts the Holy Spirit to reveal truth to each group member. This method of looking at Scripture gives each person a simple, memorable way to daily dig into God's Word on their own and learn from the Holy Spirit.

Bottom line: Our mission is to make disciples, who make disciples, who make disciples and thus to see God raise up a DISCIPLE MAKING MOVEMENT that will bless the people of this city, this state, this nation and the ends of the earth (Matthew 28:18-20).

You will see a similar structure each week that divides your Bible study into 3-Thirds: **Look Back, Look Up and Look Forward.** Each section explores how God's Word is transforming our lives as we live it out in our daily routines. Prayer is necessary for this type of Bible study because we need the Holy Spirit to guide us into all truth and reveal to us the thoughts of God (John 16:13-15; 1 Cor. 2:10-16). We must invite the Holy Spirit into our study as we seek to discover truths about God and His Gospel. Commit to obey, not just hearers of His Word but doers of His Word, and pledge to share what we know with others.

# HOW TO USE THIS BOOK

# **3-THIRDS QUESTION STRUCTURE**

### LOOK BACK

1. How has your relationship with Jesus been the past week?

- How have you obeyed what you have learned?
- What are you grateful for?

2. Who did you share last week's lesson with?

PRAY for the Holy Spirit to teach us as we study God's Word.

#### LOOK UP: READ THE TEXT

Repeat the text in your own words.

3. What does this text teach us about God?

- What does it say about His character?
- What does it say about His plans?
- What does it say about how He relates to us?

4. What does this text say to me?

- Is there a sin I need to address?
- Is there a promise I need to hold on to?
- Is there an example I should follow?
- Is there a command I need to obey?
- Is there a Gospel truth?

#### LOOK FORWARD

5. What am I going to do this week because of this text?

6. Who do I think needs to know this?

PRAY for the Holy Spirit to help us do what the Bible says and share what we learned with one person.

# HOW TO P.R.A.Y

There is no special formula for prayer. There are no "buzz words" or phrases that capture God's attention more than any other. Prayer is pouring your honest, surrendered heart out to God and seeking His answers to your struggles. When asked by His disciples about prayer, Jesus responded with the Lord's Prayer.

"This, then, is how you should pray: 'Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as it is in heaven. Give us today our daily bread. And forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation, but deliver us from the evil one." – Matthew 6:9-13 (NIV)

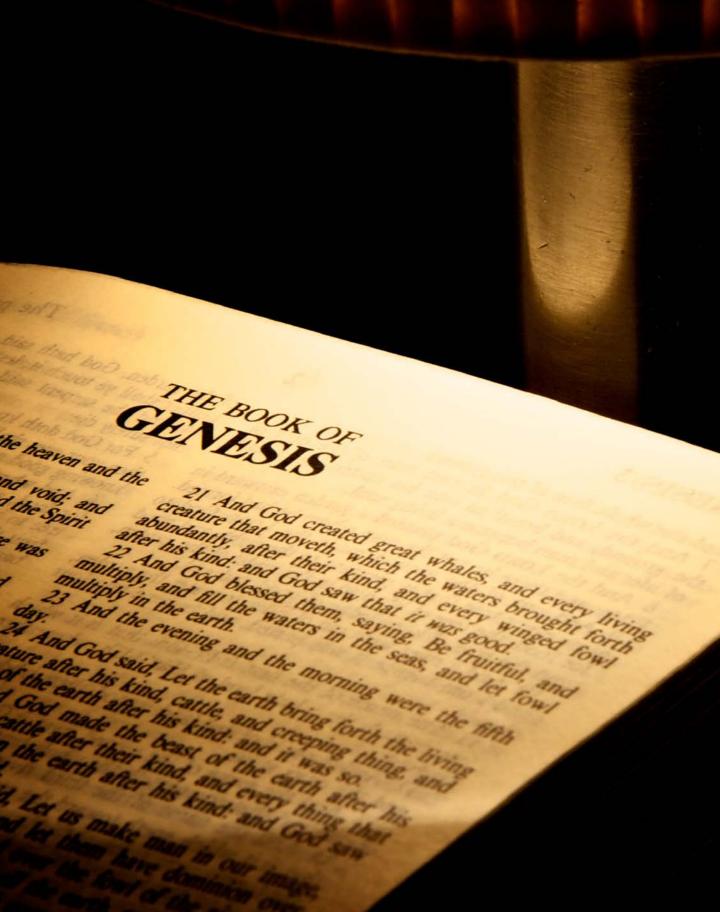
Jesus' response points out four key attributes of prayer. We've made an acrostic to make it easy to remember every time you pray. This isn't a formula, but if you need a little direction in your prayers, this serves as a great guide.

**P**RAISE: Praise God for who He is and His attributes. Begin by giving Him your worship and adoration.

**R**EPENT: Confess to God the things you have done in word, thought or deed which led you into sin. Confess and repent.

**A**SK: After you have spent time in praise and repentance, make your requests known to God by asking Him to provide your needs.

YIELD: God is always at work around you. Take time to notice when He invites you to join Him to become part of His mission.



# HOW TO USE S.O.A.P.S.

Open your Bible and ask God to illuminate what He wants you to learn and apply today. God's Word says that the Holy Spirit "will guide you into all truth" (John 16:13) and will help you understand what you read from the scriptures. Read the passage slowly and look for that specific "gem" of truth that jumps off the page and grabs your attention.

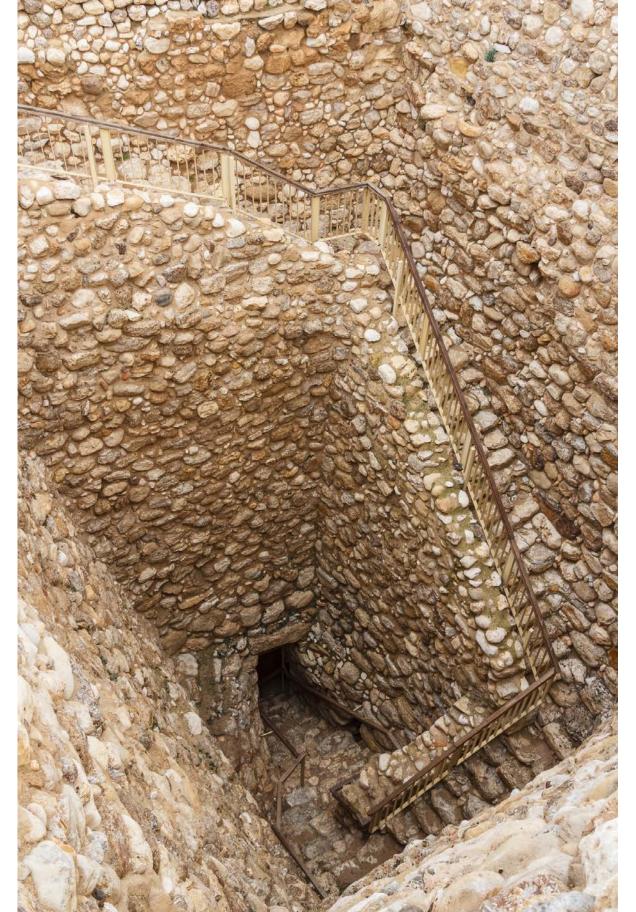
**S**CRIPTURE Choose one Bible verse that stands out to me and copy it word for word.

**O**BSERVATION What does this verse teach me about my relationship with God?

APPLICATION How will I be different because of what I've read today?

**P**RAYER Write out a prayer asking God to help me live out what I've just learned.

**S**HARE Share what you learned with one person.



# WEEK 1 GENESIS 25:12-34 & 26 GENERATIONAL SIN

#### Genesis 25:12-34

12 This is the account of the family of Ishmael, the son of Abraham through Hagar, Sarah's Egyptian servant. 13 Here is a list, by their names and clans, of Ishmael's descendants: The oldest was Nebaioth, followed by Kedar, Adbeel, Mibsam, 14 Mishma, Dumah, Massa, Hadad, Tema, Jetur, Naphish, and Kedemah. 15 16 These twelve sons of Ishmael became the founders of twelve tribes named after them, listed according to the places they settled and camped. 17 Ishmael lived for 137 years. Then he breathed his last and joined his ancestors in death.18Ishamel's descendants occupied the region from Havilah to Shur, which is east of Egypt in the direction of Asshur. There they lived in open hostility toward all their relatives.19This is the account of the family of Isaac, the son of Abraham.20When Isaac was forty years old, he married Rebekah, the daughter of Bethuel the Aramean from Paddan-aram and the sister of Laban the Aramean.

21 Isaac pleaded with the LORD on behalf of his wife, because she was unable to have children. The LORD answered Isaac's prayer, and Rebekah became pregnant with twins. 22 But the two children struggled with each other in her womb. So, she went to ask the LORD about it. "Why is this happening to me?" she asked. 23 And the LORD told her, "The sons in your womb will become two nations. From the very beginning, the two nations will be rivals. One nation will be stronger than the other; and your older son will serve your younger son." 24 And when the time came to give birth,

Rebekah discovered that she did indeed have twins! 25 The first one was very red at birth and covered with thick hair like a fur coat. So, they named him Esau. 26 Then the other twin was born with his hand grasping Esau's heel. So, they named him Jacob. Isaac was sixty years old when the twins were born. 27 As the boys grew up, Esau became a skillful hunter. He was an outdoorsman, but Jacob had a quiet temperament, preferring to stay at home.

28 Isaac loved Esau because he enjoyed eating the wild game Esau brought home, but Rebekah loved Jacob. 29 One day when Jacob was cooking some stew, Esau arrived home from the wilderness exhausted and hungry. 30 Esau said to Jacob, "I'm starved! Give me some of that red stew!" (This is how Esau got his other name, Edom, which means "red.") 31 "All right," Jacob replied, "but trade me your rights as the firstborn son." 32 "Look, I'm dying of starvation!" said Esau. "What good is my birthright to me now?" 33 But Jacob said, "First you must swear that your birthright is mine." So, Esau swore an oath, thereby selling all his rights as the firstborn to his brother, Jacob. 34 Then Jacob gave Esau some bread and lentil stew. Esau ate the meal, then got up and left. He showed contempt for his rights as the firstborn.

#### Genesis 26

1 A severe famine now struck the land, as had happened before in Abraham's time. So, Isaac moved to Gerar, where Abimelech, king of the Philistines, lived. 2 The LORD appeared to Isaac and said, "Do not go down to Egypt, but do as I tell you. 3 Live here as a foreigner in this land, and I will be with you and bless you. I hereby confirm that I will give all these lands to you and your

descendants, just as I solemnly promised Abraham, your father. 4 I will cause your descendants to become as numerous as the stars of the sky, and I will give them all these lands. And through your descendants all the nations of the earth will be blessed. 5 I will do this because Abraham listened to me and obeyed all my requirements, commands, decrees, and instructions." 6 So Isaac stayed in Gerar. 7 When the men who lived there asked Isaac about his wife, Rebekah, he said, "She is my sister." He was afraid to say, "She is my wife." He thought, "They will kill me to get her, because she is so beautiful." 8 But sometime later, Abimelech, king of the Philistines, looked out his window and saw Isaac caressing Rebekah. 9 Immediately, Abimelech called for Isaac and exclaimed, "She is obviously your wife! Why did you say, 'She is my sister'?" "Because I was afraid someone would kill me to get her from me," Isaac replied.

10 "How could you do this to us?" Abimelech exclaimed. "One of my people might easily have taken your wife and slept with her, and you would have made us guilty of great sin." 11 Then Abimelech issued a public proclamation: "Anyone who touches this man, or his wife will be put to death!" 12 When Isaac planted his crops that year, he harvested a hundred times more grain than he planted, for the LORD blessed him. 13 He became a very rich man, and his wealth continued to grow.14 He acquired so many flocks of sheep and goats, herds of cattle, and servants that the Philistines became jealous of him. 15 So the Philistines filled up all of Isaac's wells with dirt. These were the wells that had been dug by the servants of his father, Abraham.

16 Finally, Abimelech ordered Isaac to leave the country. "Go somewhere else," he said, "for you have

become too powerful for us." 17 So Isaac moved away to the Gerar Valley, where he set up their tents and settled down. 18 He reopened the wells his father had dug, which the Philistines had filled in after Abraham's death. Isaac also restored the names Abraham had given them.

19Isaac's servants also dug in the Gerar Valley and discovered a well of fresh water.

20 But then the shepherds from Gerar came and claimed the spring. "This is our water," they said, and they argued over it with Isaac's herdsmen. So, Isaac named the well Esek (which means "argument"). 21 Isaac's men then dug another well, but again there was a dispute over it. So, Isaac named it Sitnah (which means "hostility"). 22 Abandoning that one, Isaac moved on and dug another well. This time there was no dispute over it, so Isaac named the place Rehoboth (which means "open space"), for he said, "At last the LORD has created enough space for us to prosper in this land." 23 From there Isaac moved to Beersheba, 24 where the LORD appeared to him on the night of his arrival. "I am the God of your father, Abraham," he said. "Do not be afraid, for I am with you and will bless you. I will multiply your descendants, and they will become a great nation. I will do this because of my promise to Abraham, my servant."

25 Then Isaac built an altar there and worshiped the LORD. He set up his camp at that place, and his servants dug another well. 26 One day King Abimelech came from Gerar with his adviser, Ahuzzath, and also Phicol, his army commander. 27 "Why have you come here?" Isaac asked. "You obviously hate me, since you kicked me off your land." 28 They replied, "We can plainly see that the LORD is with you. So we want to enter

into a sworn treaty with you. Let's make a covenant. 29 Swear that you will not harm us, just as we have never troubled you. We have always treated you well, and we sent you away from us in peace. And now look how the LORD has blessed you!" 30 So Isaac prepared a covenant feast to celebrate the treaty, and they ate and drank together. 31 Early the next morning, they each took a solemn oath not to interfere with each other. Then Isaac sent them home again, and they left him in peace. 32 That very day Isaac's servants came and told him about a new well they had dug. "We've found water!" they exclaimed. 33 "So Isaac named the well Shibah (which means "oath"). And to this day the town that grew up there is called Beersheba (which means "well of the oath"). 34 At the age of forty, Esau married two Hittite wives: Judith, the daughter of Beeri, and Basemath, the daughter of Elon. 35 But Esau's wives made life miserable for Isaac and Rebekah.

#### SERMON TAKEAWAY FOR THE WEEK:



# WEEK 1

# GENESIS 25:12-34 & 26 - GENERATIONAL SIN

# LOOK BACK

1. How has your relationship with Jesus been this past week?

- How have you obeyed what you learned?
- What are you grateful for?

2. Who did you share last week's lesson with?

PRAY for the Holy Spirit to teach us as we study God's Word.

## LOOK UP

Read the Text. Repeat the text in your own words (for Group study, have one member do this aloud).

3. What does this text teach us about God?

- What does this say about His character?
- What does it say about His plans?
- What does it say about how He relates to us?

- 4. What does this text say to me?
- Is there a sin that I need to address?
- Is there a promise I need to hold on to?
- Is there an example I should follow?
- Is there a command that I need to obey?
- Is there a Gospel truth?

# LOOK FORWARD

5. What am I going to do this week because of this text?

6. Who do I think needs to know this?

PRAY for the Holy Spirit to help us do what the Bible says and share what we learned with one person.

S.O.A.P.S.

Sunday – Genesis 25:12-34; 26:1-35 Monday – Hebrews 11:1-40 Tuesday – Hebrews 12:1-17 Wednesday – Hebrews 13:1-14 Thursday – Malachi 1:1-5 Friday – Acts 7:1-53 Saturday – Revelation 19:7-10

Instructions on using S.O.A.P.S. is in the front of the book

# WEEK 2 GENESIS 27 - DECEIT

#### NOTES

1 One day when Isaac was old and turning blind, he called for Esau, his older son, and said, "My son." "Yes, Father?" Esau replied. 2 "I am an old man now," Isaac said, "and I don't know when I may die. 3 Take your bow and a quiver full of arrows, and go out into the open country to hunt some wild game for me. 4 Prepare my favorite dish and bring it here for me to eat. Then I will pronounce the blessing that belongs to you, my firstborn son, before I die." 5 But Rebekah overheard what Isaac had said to his son Esau. So, when Esau left to hunt for the wild game,

6 she said to her son Jacob, "Listen. I overheard your father say to Esau, 7 'Bring me some wild game and prepare me a delicious meal. Then I will bless you in the LORD 's presence before I die.' 8 Now, my son, listen to me. Do exactly as I tell you. 9 Go out to the flocks and bring me two fine young goats. I'll use them to prepare your father's favorite dish. 10 Then take the food to your father so he can eat it and bless you before he dies." 11 "But look," Jacob replied to Rebekah, "my brother, Esau, is a hairy man, and my skin is smooth. 12 What if my father touches me? He'll see that I'm trying to trick him, and then he'll curse me instead of blessing me."

13 But his mother replied, "Then let the curse fall on me, my son! Just do what I tell you. Go out and get the goats for me!" 14 So Jacob went out and got the young goats for his mother. Rebekah took them and prepared a delicious meal, just the way Isaac liked it. 15 Then she took Esau's favorite clothes, which were there in the house, and gave them to her younger son, Jacob. 16 She covered his arms and the smooth part of his neck with the skin of the young goats.

17 Then she gave Jacob the delicious meal, including freshly baked bread. 18 So Jacob took the food to his father. "My father?" he said. "Yes, my son," Isaac answered. "Who are you-Esau or Jacob?" 19 Jacob replied, "It's Esau, your firstborn son. I've done as you told me. Here is the wild game. Now sit up and eat it so you can give me your blessing." 20 Isaac asked, "How did you find it so quickly, my son?" "The LORD your God put it in my path!" Jacob replied.21Then Isaac said to Jacob, "Come closer so I can touch you and make sure that you really are Esau." 22 So Jacob went closer to his father, and Isaac touched him. "The voice is Jacob's, but the hands are Esau's," Isaac said. 23 But he did not recognize Jacob, because Jacob's hands felt hairy just like Esau's. So, Isaac prepared to bless Jacob. 24 "But are you really my son Esau?" he asked. "Yes, I am," Jacob replied. 25 Then Isaac said, "Now, my son, bring me the wild game. Let me eat it, and then I will give you, my blessing." So, Jacob took the food to his father, and Isaac ate it. He also drank the wine that Jacob served him. 26 Then Isaac said to Jacob, "Please come a little closer and kiss me, my son." 27 So Jacob went over and kissed him. And when Isaac caught the smell of his clothes, he was finally convinced, and he blessed his son. He said, "Ah! The smell of my son is like the smell of the outdoors, which the LORD has blessed! 28 "From the dew of heaven and the richness of the earth, may God always give you abundant harvests of grain and bountiful new wine. 29 May many nations become your servants, and may they bow down to you. May you be the master

over your brothers and may your mother's sons bow down to you. All who curse you will be cursed, and all who bless you will be blessed." 30 As soon as Isaac had finished blessing Jacob, and almost before Jacob had left his father, Esau returned from his hunt.

31 Esau prepared a delicious meal and brought it to his father. Then he said, "Sit up, my father, and eat my wild game so you can give me your blessing." 32 But Isaac asked him, "Who are you?" Esau replied, "It's your son, your firstborn son, Esau." 33 Isaac began to tremble uncontrollably and said, "Then who just served me wild game? I have already eaten it, and I blessed him just before you came. And yes, that blessing must stand!" 34 When Esau heard his father's words, he let out a loud and bitter cry. "Oh, my father, what about me? Bless me, too!" he begged.

35 But Isaac said, "Your brother was here, and he tricked me. He has taken away your blessing."

36 Esau exclaimed, "No wonder his name is Jacob, for now, he has cheated me twice. First, he took my rights as the firstborn, and now he has stolen my blessing. Oh, haven't you saved even one blessing for me?" 37 Isaac said to Esau, "I have made Jacob your master and have declared that all his brothers will be his servants. I have guaranteed him an abundance of grain and wine-what is left for me to give you, my son?" 38 Esau pleaded, "But do you have only one blessing? Oh, my father, bless me, too!" Then Esau broke down and wept. 39 Finally, his father, Isaac, said to him, "You will live away from the richness of the earth, and away from the dew of the heaven above. 40 You will live by your sword, and you will serve your brother. But when you decide to break free, you will shake his yoke from your neck." 41 From that time on, Esau hated Jacob

#### GENESIS 27 - DECEIT

NOTES

because their father had given Jacob the blessing. And Esau began to scheme: "I will soon be mourning my father's death. Then I will kill my brother, Jacob." 42 But Rebekah heard about Esau's plans. So, she sent for Jacob and told him, "Listen, Esau is consoling himself by plotting to kill you. 43 So listen carefully, my son. Get ready and flee to my brother, Laban, in Haran. 44 Stay there with him until your brother cools off. 45 When he calms down and forgets what you have done to him, I will send for you to come back. Why should I lose both of you in one day?"

46 Then Rebekah said to Isaac, "I'm sick and tired of these local Hittite women! I would rather die than see Jacob marry one of them."

#### SERMON TAKEAWAY FOR THE WEEK:



# WEEK 2 GENESIS 27 - DECEIT

# LOOK BACK

1. How has your relationship with Jesus been this past week?

- How have you obeyed what you learned?
- What are you grateful for?

2. Who did you share last week's lesson with?

### GENESIS 2 - DECEIT

PRAY for the Holy Spirit to teach us as we study God's Word.

## LOOK UP

Read the Text. Repeat the text in your own words (for Group study, have one member do this aloud).

3. What does this text teach us about God?

- What does this say about His character?
- What does it say about His plans?
- What does it say about how He relates to us?

#### GENESIS 2 - DECEIT

- 4. What does this text say to me?
- Is there a sin that I need to address?
- Is there a promise I need to hold on to?
- Is there an example I should follow?
- Is there a command that I need to obey?
- Is there a Gospel truth?

# LOOK FORWARD

5. What am I going to do this week because of this text?

#### GENESIS 2 – DECEIT

6. Who do I think needs to know this?

PRAY for the Holy Spirit to help us do what the Bible says and share what we learned with one person.

S.O.A.P.S.

Sunday – Genesis 27 Monday – Romans 9:1-18 Tuesday – 2 Timothy 3:1-17 Wednesday – Colossians 3:1-17 Thursday – James 2:1-13 Friday – Psalm 5 Saturday – Revelation 21

Instructions on using S.O.A.P.S. is in the front of the book

# WEEK 3 GENESIS 28 – BLESSED

#### NOTES

1 So Isaac called for Jacob, blessed him, and said, "You must not marry any of these Canaanite women. 2 Instead, go at once to Paddan-aram, to the house of your grandfather Bethuel, and marry one of your uncle Laban's daughters. 3 May God Almighty bless you and give you many children. And may your descendants multiply and become many nations! 4 May God pass on to you and your descendants the blessings he promised to Abraham. May you own this land where you are now living as a foreigner, for God gave this land to Abraham." 5 So Isaac sent Jacob away, and he went to Paddan-aram to stay with his uncle Laban, his mother's brother, the son of Bethuel the Aramean. 6 Esau knew that his father, Isaac, had blessed Jacob and sent him to Paddan-aram to find a wife, and that he had warned Jacob, "You must not marry a Canaanite woman." 7 He also knew that Jacob had obeyed his parents and gone to Paddan-aram. 8 It was now very clear to Esau that his father did not like the local Canaanite women.

9 So Esau visited his uncle Ishmael's family and married one of Ishmael's daughters, in addition to the wives he already had. His new wife's name was Mahalath. She was the sister of Nebaioth and the daughter of Ishmael, Abraham's son. 10 Meanwhile, Jacob left Beersheba and traveled toward Haran. 11 At sundown he arrived at a good place to set up camp and stopped there for the night. Jacob found a stone to rest his head against and lay down to sleep. 12 As he slept, he dreamed of a stairway that reached from the earth up to heaven. And he saw the angels of God going up and down the stairway. 13 At the top of the stairway stood the LORD, and he said, "I am the LORD, the God of your grandfather Abraham, and the God of

#### GENESIS 28 - BLESSED

your father, Isaac. The ground you are lying on belongs to you. I am giving it to you and your descendants. 14 Your descendants will be as numerous as the dust of the earth! They will spread out in all directions-to the west and the east, to the north and the south. And all the families of the earth will be blessed through you and your descendants. 15 What's more, I am with you, and I will protect you wherever you go. One day I will bring you back to this land. I will not leave you until I have finished giving you everything I have promised you." 16 Then Jacob awoke from his sleep and said, "Surely the LORD is in this place, and I wasn't even aware of it!" 17 But he was also afraid and said, "What an awesome place this is! It is none other than the house of God, the very gateway to heaven!" 18 The next morning Jacob got up very early. He took the stone he had rested his head against, and he set it upright as a memorial pillar. Then he poured olive oil over it. 19 He named that place Bethel (which means "house of God"), although it was previously called Luz. 20 Then Jacob made this vow: "If God will indeed be with me and protect me on this journey, and if he will provide me with food and clothing, 21 and if I return safely to my father's home, then the LORD will certainly be my God. 22 And this memorial pillar I have set up will become a place for worshiping God, and I will present to God a tenth of everything he gives me."

#### SERMON TAKEAWAY FOR THE WEEK:



# WEEK 3 GENESIS 28 – BLESSED

# LOOK BACK

1. How has your relationship with Jesus been this past week?

- How have you obeyed what you learned?
- What are you grateful for?

2. Who did you share last week's lesson with?

#### GENESIS 28 - BLESSED

PRAY for the Holy Spirit to teach us as we study God's Word.

# LOOK UP

Read the Text. Repeat the text in your own words (for Group study, have one member do this aloud).

3. What does this text teach us about God?

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#### GENESIS 28 - BLESSED

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## LOOK FORWARD

5. What am I going to do this week because of this text?

6. Who do I think needs to know this?

## GENESIS 28 - BLESSED

PRAY for the Holy Spirit to help us do what the Bible says and share what we learned with one person.

S.O.A.P.S.

Sunday – Genesis 28 Monday – Genesis 12:1-9 Tuesday – John 1:43-51 Wednesday – Isaiah 43:1-7 Thursday – Luke 12:1-12 Friday – Exodus 34:5-9 Saturday – Matthew 6:25-34

Instructions on using S.O.A.P.S. is in the front of the book



# WEEK 4 GENESIS 29:1-30 – TRICKED

### NOTES

1 Then Jacob hurried on, finally arriving in the land of the east. 2 He saw a well in the distance. Three flocks of sheep and goats lay in an open field beside it, waiting to be watered. But a heavy stone covered the mouth of the well. 3 It was the custom there to wait for all the flocks to arrive before removing the stone and watering the animals. Afterward the stone would be placed back over the mouth of the well.4Jacob went over to the shepherds and asked, "Where are you from, my friends?" "We are from Haran," they answered. 5 "Do you know a man there named Laban, the grandson of Nahor?" he asked. "Yes, we do," they replied. 6 "Is he doing well?" Jacob asked. "Yes, he's well," they answered. "Look, here comes his daughter Rachel with the flock now." 7 Jacob said, "Look, it's still broad daylighttoo early to round up the animals. Why don't you water the sheep and goats so they can get back out to pasture?"

8 "We can't water the animals until all the flocks have arrived," they replied. "Then the shepherds move the stone from the mouth of the well, and we water all the sheep and goats."

9 Jacob was still talking with them when Rachel arrived with her father's flock, for she was a shepherd. 10 And because Rachel was his cousin—the daughter of Laban, his mother's brother-and because the sheep and goats belonged to his uncle Laban, Jacob went over to the well and moved the stone from its mouth and watered his uncle's flock. 11 Then Jacob kissed Rachel, and he wept aloud. 12 He explained to Rachel that he was her cousin on her father's side-the son of her aunt Rebekah. So, Rachel quickly ran and told her father, Laban. 13 As soon as Laban heard that his nephew Jacob had arrived, he ran out to meet him. He embraced and kissed him and brought him home. When Jacob had told him his story, 14 Laban exclaimed, "You really are my own flesh and blood!" After Jacob had stayed with Laban for about a month, 15 Laban said to him, "You shouldn't work for me without pay just because we are relatives. Tell me

how much your wages should be." 16 Now Laban had two daughters. The older daughter was named Leah, and the younger one was Rachel. 17 There was no sparkle in Leah's eyes, but Rachel had a beautiful figure and a lovely face. 18 Since Jacob was in love with Rachel, he told her father, "I'll work for you for seven years if you'll give me Rachel, your younger daughter, as my wife." 19 "Agreed!" Laban replied. "I'd rather give her to you than to anyone else. Stay and work with me." 20 So Jacob worked seven years to pay for Rachel. But his love for her was so strong that it seemed to him but a few days. 21 Finally, the time came for him to marry her. "I have fulfilled my agreement," Jacob said to Laban. "Now give me my wife so I can sleep with her." 22 So Laban invited everyone in the neighborhood and prepared a wedding feast. 23 But that night, when it was dark, Laban took Leah to Jacob, and he slept with her.

24 (Laban had given Leah a servant, Zilpah, to be her maid.) 25 But when Jacob woke up in the morning—it was Leah! "What have you done to me?" Jacob raged at Laban. "I worked seven years for Rachel! Why have you tricked me?" 26 "It's not our custom here to marry off a younger daughter ahead of the firstborn," Laban replied. 27 "But wait until the bridal week is over; then we'll give you Rachel, too provided you promise to work another seven years for me." 28 So Jacob agreed to work seven more years. A week after Jacob had married Leah, Laban gave him Rachel, too. 29 (Laban gave Rachel a servant, Bilhah, to be her maid.) 30 So Jacob slept with Rachel, too, and he loved her much more than Leah. He then stayed and worked for Laban the additional seven years.

## NOTES

## SERMON TAKEAWAY FOR THE WEEK:



# WEEK 4 GENESIS 29:1-30 – TRICKED

# LOOK BACK

1. How has your relationship with Jesus been this past week?

- How have you obeyed what you learned?
- What are you grateful for?

2. Who did you share last week's lesson with?

PRAY for the Holy Spirit to teach us as we study God's Word.

# LOOK UP

Read the Text. Repeat the text in your own words (for Group study, have one member do this aloud).

3. What does this text teach us about God?

- What does this say about His character?
- What does it say about His plans?
- What does it say about how He relates to us?

- 4. What does this text say to me?
- Is there a sin that I need to address?
- Is there a promise I need to hold on to?
- Is there an example I should follow?
- Is there a command that I need to obey?
- Is there a Gospel truth?

# LOOK FORWARD

5. What am I going to do this week because of this text?

6. Who do I think needs to know this?

PRAY for the Holy Spirit to help us do what the Bible says and share what we learned with one person.

S.O.A.P.S.

Sunday – Genesis 29:1-30 Monday – Romans 12:1-21 Tuesday – Matthew 19:1-12 Wednesday – Luke 14:16-24 Thursday – Ephesians 4:17-32 Friday – Ephesians 5:22-6:9 Saturday – 1 Peter 3:1-22

Instructions on using S.O.A.P.S. is in the front of the book



# WEEK 5

# GENESIS 29:31-35 & 30 - FAMILY

#### Genesis 29:31-35

31 When the LORD saw that Leah was unloved, he enabled her to have children, but Rachel could not conceive. 32 So Leah became pregnant and gave birth to a son. She named him Reuben, for she said, "The LORD has noticed my misery, and now my husband will love me." 33 She soon became pregnant again and gave birth to another son. She named him Simeon, for she said, "The LORD heard that I was unloved and has given me another son." 34 Then she became pregnant a third time and gave birth to another son. He was named Levi, for she said, "Surely this time my husband will feel affection for me, since I have given him three sons!" 35 Once again Leah became pregnant and gave birth to another son. She named him Judah, for she said, "Now I will praise the LORD!" And then she stopped having children.

### Genesis 30

1 When Rachel saw that she wasn't having any children for Jacob, she became jealous of her sister. She pleaded with Jacob, "Give me children, or I'll die!" 2 Then Jacob became furious with Rachel. "Am I God?" he asked. "He's the one who has kept you from having children!" 3 Then Rachel told him, "Take my maid, Bilhah, and sleep with her. She will bear children for me, and through her I can have a family, too." 4 So Rachel gave her servant, Bilhah, to Jacob as a wife, and he slept with her. 5 Bilhah became pregnant and presented him with a son. 6 Rachel named him Dan, for she said, "God has vindicated me! He has heard my request and given me a son."

7 Then Bilhah became pregnant again and gave Jacob a second son. 8 Rachel named him Naphtali, for she said, "I have struggled hard with my sister, and I'm winning!" 9 Meanwhile, Leah realized that she wasn't getting pregnant anymore, so she took her servant, Zilpah, and gave her to Jacob as a wife. 10 Soon Zilpah presented him with a son. 11 Leah named him Gad, for she said, "How fortunate I am!" 12 Then Zilpah gave Jacob a second son. 13 And Leah named him Asher, for she said, "What joy is mine! Now the other women will celebrate with me." 14 One day during the wheat harvest, Reuben found some mandrakes growing in a field and brought them to his mother, Leah. Rachel begged Leah, "Please give me some of your son's mandrakes." 15 But Leah angrily replied, "Wasn't it enough that you stole my husband? Now will you steal my son's mandrakes, too?" Rachel answered, "I will let Jacob sleep with you tonight if you give me some of the mandrakes." 16 So that evening, as Jacob was coming home from the fields, Leah went out to meet him. "You must come and sleep with me tonight!" she said. "I have paid for you with some mandrakes that my son found." So that night he slept with Leah. 17 And God answered Leah's prayers. She became pregnant again and gave birth to a fifth son for Jacob. 18 She named him Issachar, for she said, "God has rewarded me for giving my servant to my husband as a wife." 19 Then Leah became pregnant again and gave birth to a sixth son for Jacob. 20 She named him Zebulun, for she said, "God has given me a good reward. Now my husband will treat me with respect, for I have given him six sons." 21 Later she gave birth to a daughter and named her Dinah. 22 Then God remembered Rachel's plight and answered her prayers by enabling her to have children. 23 She became pregnant and gave birth to a son. "God has removed my disgrace,"

she said. 24 And she named him Joseph, for she said, "May the LORD add yet another son to my family." 25 Soon after Rachel had given birth to Joseph, Jacob said to Laban, "Please release me so I can go home to my own country. 26 Let me take my wives and children, for I have earned them by serving you, and let me be on my way. You certainly know how hard I have worked for you." 27 "Please listen to me," Laban replied. "I have become wealthy, for the LORD has blessed me because of you. 28 Tell me how much I owe you. Whatever it is, I'll pay it." 29 Jacob replied, "You know how hard I've worked for you, and how your flocks and herds have grown under my care. 30 You had little indeed before I came, but your wealth has increased enormously. The LORD has blessed you through everything I've done. But now, what about me? When can I start providing for my own family?" 31 "What wages do you want?" Laban asked again. Jacob replied, "Don't give me anything. Just do this one thing, and I'll continue to tend and watch over your flocks. 32 Let me inspect your flocks today and remove all the sheep and goats that are speckled or spotted, along with all the black sheep. Give these to me as my wages. 33 In the future, when you check on the animals you have given me as my wages, you'll see that I have been honest. If you find in my flock any goats without speckles or spots, or any sheep that are not black, you will know that I have stolen them from you." 34 "All right," Laban replied. "It will be as you say."

35 But that very day Laban went out and removed the male goats that were streaked and spotted, all the female goats that were speckled and spotted or had white patches, and all the black sheep. He placed them in the care of his own sons, 36 who took them a threedays' journey from where Jacob was. Meanwhile, Jacob stayed and cared for the rest of Laban's flock.

37 Then Jacob took some fresh branches from poplar, almond, and plane trees and peeled off strips of bark, making white streaks on them. 38 Then he placed these peeled branches in the watering troughs where the flocks came to drink, for that was where they mated. 39 And when they mated in front of the white-streaked branches, they gave birth to young that were streaked, speckled, and spotted. 40 Jacob separated those lambs from Laban's flock. And at mating time he turned the flock to face Laban's animals that were streaked or black. This is how he built his own flock instead of increasing Laban's. 41 Whenever the stronger females were ready to mate, Jacob would place the peeled branches in the watering troughs in front of them. Then they would mate in front of the branches. 42 But he didn't do this with the weaker ones, so the weaker lambs belonged to Laban, and the stronger ones were Jacob's. 43 As a result, Jacob became very wealthy, with large flocks of sheep and goats, female and male servants, and many camels and donkeys.

### NOTES

### SERMON TAKEAWAY FOR THE WEEK:

# WEEK 5

# GENESIS 29:31-35 & 30 - FAMILY

# LOOK BACK

1. How has your relationship with Jesus been this past week?

- How have you obeyed what you learned?
- What are you grateful for?

2. Who did you share last week's lesson with?

PRAY for the Holy Spirit to teach us as we study God's Word.

# LOOK UP

Read the Text. Repeat the text in your own words (for Group study, have one member do this aloud).

- 3. What does this text teach us about God?
  - What does this say about His character?
  - What does it say about His plans?
  - What does it say about how He relates to us?

- 4. What does this text say to me?
- Is there a sin that I need to address?
- Is there a promise I need to hold on to?
- Is there an example I should follow?
- Is there a command that I need to obey?
- Is there a Gospel truth?

# LOOK FORWARD

5. What am I going to do this week because of this text?

6. Who do I think needs to know this?

PRAY for the Holy Spirit to help us do what the Bible says and share what we learned with one person.

# S.O.A.P.S.

Sunday – Genesis 29:31–30:43 Monday – Luke 15:11-32 Tuesday – Deuteronomy 21:10-23 Wednesday – Psalm 127 Thursday – 1 Corinthians 13:1-13 Friday – 1 John 4:7-21 Saturday – Genesis 2:18-25

Instructions on using S.O.A.P.S. is in the front of the book



# WEEK 6

# GENESIS 31 & 32 - BROKEN & RENAMED

Genesis 31

1 But Jacob soon learned that Laban's sons were grumbling about him. "Jacob has robbed our father of everything!" they said. "He has gained all his wealth at our father's expense."

2 And Jacob began to notice a change in Laban's attitude toward him. 3 Then the LORD said to Jacob, "Return to the land of your father and grandfather and to your relatives there, and I will be with you." 4 So Jacob called Rachel and Leah out to the field where he was watching his flock.

5 He said to them, "I have noticed that your father's attitude toward me has changed. But the God of my father has been with me. 6 You know how hard I have worked for your father, 7 but he has cheated me, changing my wages ten times. But God has not allowed him to do me any harm. 8 For if he said, 'The speckled animals will be your wages,' the whole flock began to produce speckled young. And when he changed his mind and said, 'The striped animals will be your wages,' then the whole flock produced striped young. 9 In this way, God has taken your father's animals and given them to me. 10 "One time during the mating season, I had a dream and saw that the male goats mating with the females were streaked, speckled, and spotted.

11 Then in my dream, the angel of God said to me, 'Jacob!' And I replied, 'Yes, here I am.'

12 "The angel said, 'Look up, and you will see that only the streaked, speckled, and spotted males are mating with the females of your flock. For I have seen how Laban has treated you.

13 I am the God who appeared to you at Bethel, the place where you anointed the pillar of stone and made your vow to me. Now get ready and leave this country

#### GENESIS 31 & 32 – BROKEN AND RENAMED

and return to the land of your birth." 14 Rachel and Leah responded, "That's fine with us! We won't inherit any of our father's wealth anyway. 15 He has reduced our rights to those of foreign women. And after he sold us, he wasted the money you paid him for us. 16 All the wealth God has given you from our father legally belongs to us and our children. So go ahead and do whatever God has told you." 17 So Jacob put his wives and children on camels, 18 and he drove all his livestock in front of him. He packed all the belongings he had acquired in Paddan-aram and set out for the land of Canaan, where his father, Isaac, lived. 19 At the time they left, Laban was some distance away, shearing his sheep. Rachel stole her father's household idols and took them with her. 20 Jacob outwitted Laban the Aramean, for they set out secretly and never told Laban they were leaving. 21 So Jacob took all his possessions with him and crossed the Euphrates River, heading for the hill country of Gilead. 22 Three days later, Laban was told that Jacob had fled. 23 So he gathered a group of his relatives and set out in hot pursuit. He caught up with Jacob seven days later in the hill country of Gilead. 24 But the previous night God had appeared to Laban the Aramean in a dream and told him, "I'm warning youleave Jacob alone!" 25 Laban caught up with Jacob as he was camped in the hill country of Gilead, and he set up his camp not far from Jacob's. 26 "What do you mean by deceiving me like this?" Laban demanded. "How dare you drag my daughters away like prisoners of war? 27 Why did you slip away secretly? Why did you deceive me? And why didn't you say you wanted to leave? I would have given you a farewell feast, with singing and music, accompanied by tambourines and harps. 28 Why didn't you let me kiss my daughters and grandchildren and tell them good-bye? You have acted very foolishly! 29 I could destroy you, but the God of your father appeared to me last night and warned me,

'Leave Jacob alone!'

30 I can understand your feeling that you must go, and your intense longing for your father's home. But why have you stolen my gods?"31"I rushed away because I was afraid," Jacob answered. "I thought you would take your daughters from me by force. 32 But as for your gods, see if you can find them, and let the person who has taken them die! And if you find anything else that belongs to you, identify it before all these relatives of ours, and I will give it back!" But Jacob did not know that Rachel had stolen the household idols. 33 Laban went first into Jacob's tent to search there, then into Leah's, and then the tents of the two servant wives—but he found nothing. Finally, he went into Rachel's tent. 34 But Rachel had taken the household idols and hidden them in her camel saddle, and now she was sitting on them. When Laban had thoroughly searched her tent without finding them, 35 she said to her father, "Please, sir, forgive me if I don't get up for you. I'm having my monthly period." So, Laban continued his search, but he could not find the household idols. 36 Then Jacob became very angry, and he challenged Laban. "What's my crime?" he demanded. "What have I done wrong to make you chase after me as though I were a criminal? 37 You have rummaged through everything I own. Now show me what you found that belongs to you! Set it out here in front of us, before our relatives, for all to see. Let them judge between us! 38 "For twenty years I have been with you, caring for your flocks. In all that time your sheep and goats never miscarried. In all those years I never used a single ram of yours for food. 39 If any were attacked and killed by wild animals, I never showed you the carcass and asked you to reduce the count of your flock. No, I took the loss myself! You made me pay for every stolen animal, whether it was taken in broad daylight or in the dark of night. 40 "I worked for you through the scorching

heat of the day and through cold and sleepless nights. 41 Yes, for twenty years I slaved in your house! I worked for fourteen years earning your two daughters, and then six more years for your flock. And you changed my wages ten times!

42 In fact, if the God of my father had not been on my side-the God of Abraham and the fearsome God of Isaac —you would have sent me away empty-handed. But God has seen your abuse and my hard work. That is why he appeared to you last night and rebuked you!" 43 Then Laban replied to Jacob, "These women are my daughters, these children are my grandchildren, and these flocks are my flocks—in fact, everything you see is mine. But what can I do now about my daughters and their children? 44 So come, let's make a covenant, you and I, and it will be a witness to our commitment." 45 So Jacob took a stone and set it up as a monument. 46 Then he told his family members, "Gather some stones." So, they gathered stones and piled them in a heap. Then Jacob and Laban sat down beside the pile of stones to eat a covenant meal. 47 To commemorate the event, Laban called the place Jegar-sahadutha (which means "witness pile" in Aramaic), and Jacob called it Galeed (which means "witness pile" in Hebrew). 48 Then Laban declared, "This pile of stones will stand as a witness to remind us of the covenant we have made today." This explains why it was called Galeed-"Witness Pile." 49 But it was also called Mizpah (which means "watchtower"), for Laban said, "May the LORD keep watch between us to make sure that we keep this covenant when we are out of each other's sight. 50 If you mistreat my daughters or if you marry other wives, God will see it even if no one else does. He is a witness to this covenant between us. 51 "See this pile of stones," Laban continued, "and see this monument I have set between us. 52 They stand between us as witnesses of our vows. I will never pass this pile of stones to harm

you, and you must never pass these stones or this monument to harm me. 53 I call on the God of our ancestors—the God of your grandfather Abraham and the God of my grandfather Nahor—to serve as a judge between us." So, Jacob took an oath before the fearsome God of his father, Isaac, to respect the boundary line. 54 Then Jacob offered a sacrifice to God there on the mountain and invited everyone to a covenant feast. After they had eaten, they spent the night on the mountain. 55 Laban got up early the next morning, and he kissed his grandchildren and his daughters and blessed them. Then he left and returned home.

#### Genesis 32

1 As Jacob started on his way again, angels of God came to meet him. 2 When Jacob saw them, he exclaimed, "This is God's camp!" So, he named the place Mahanaim. 3 Then Jacob sent messengers ahead to his brother, Esau, who was living in the region of Seir in the land of Edom.

4 He told them, "Give this message to my master Esau: 'Humble greetings from your servant Jacob. Until now I have been living with Uncle Laban, 5 and now I own cattle, donkeys, flocks of sheep and goats, and many servants, both men and women. I have sent these messengers to inform my lord of my coming, hoping that you will be friendly to me." 6 After delivering the message, the messengers returned to Jacob and reported, "We met your brother, Esau, and he is already on his way to meet you-with an army of 400 men!" 7 Jacob was terrified at the news. He divided his household, along with the flocks and herds and camels, into two groups. 8 He thought, "If Esau meets one group and attacks it, perhaps the other group can escape." 9 Then Jacob prayed, "O God of my grandfather Abraham, and God of my father, Isaac-O LORD, you told me, 'Return to your own land and to

### GENESIS 31 & 32 – BROKEN AND RENAMED

your relatives.' And you promised me, 'I will treat you kindly.' 10 I am not worthy of all the unfailing love and faithfulness you have shown to me, your servant. When I left home and crossed the Jordan River, I owned nothing except a walking stick. Now my household fills two large camps! 11 O LORD, please rescue me from the hand of my brother, Esau. I am afraid that he is coming to attack me, along with my wives and children.

12 But you promised me, 'I will surely treat you kindly, and I will multiply your descendants until they become as numerous as the sands along the seashore-too many to count." 13 Jacob stayed where he was for the night. Then he selected these gifts from his possessions to present to his brother, Esau: 14 200 female goats, 20 male goats, 200 ewes, 20 rams, 15 30 female camels with their young, 40 cows, 10 bulls, 20 female donkeys, and 10 male donkeys. 16 He divided these animals into herds and assigned each to different servants. Then he told his servants, "Go ahead of me with the animals, but keep some distance between the herds." 17 He gave these instructions to the men leading the first group: "When my brother, Esau, meets you, he will ask, 'Whose servants are you? Where are you going? Who owns these animals?' 18 You must reply, 'They belong to your servant Jacob, but they are a gift for his master Esau. Look, he is coming right behind us." 19 Jacob gave the same instructions to the second and third herdsmen and to all who followed behind the herds: "You must say the same thing to Esau when you meet him.

20 And be sure to say, 'Look, your servant Jacob is right behind us." Jacob thought, "I will try to appease him by sending gifts ahead of me. When I see him in person, perhaps he will be friendly to me." 21 So the gifts were sent on ahead, while Jacob himself spent that night in the camp. 22 During the night Jacob got up

### GENESIS 31 & 32 – BROKEN AND RENAMED

and took his two wives, his two servant wives, and his eleven sons and crossed the Jabbok River with them. 23 After taking them to the other side, he sent over all his possessions. 24 This left Jacob all alone in the camp, and a man came and wrestled with him until the dawn began to break. 25When the man saw that he would not win the match, he touched Jacob's hip and wrenched it out of its socket. 26 Then the man said, "Let me go, for the dawn is breaking!" But Jacob said, "I will not let you go unless you bless me."

27 "What is your name?" the man asked. He replied, "Jacob." 28 "Your name will no longer be Jacob," the man told him. "From now on you will be called Israel, because you have fought with God and with men and have won." 29 "Please tell me your name," Jacob said. "Why do you want to know my name?" the man replied. Then he blessed Jacob there. 30J acob named the place Peniel (which means "face of God"), for he said, "I have seen God face to face, yet my life has been spared." 31 The sun was rising as Jacob left Peniel, and he was limping because of the injury to his hip. 32 (Even today the people of Israel don't eat the tendon near the hip socket because of what happened that night when the man strained the tendon of Jacob's hip.)

### SERMON TAKEAWAY FOR THE WEEK:



# WEEK 6

# GENESIS 31 & 32 - BROKEN & RENAMED

# LOOK BACK

1. How has your relationship with Jesus been this past week?

- How have you obeyed what you learned?
- What are you grateful for?

2. Who did you share last week's lesson with?

## GENESIS 31 & 32 - BROKEN AND RENAMED

PRAY for the Holy Spirit to teach us as we study God's Word.

## LOOK UP

Read the Text. Repeat the text in your own words (for Group study, have one member do this aloud).

3. What does this text teach us about God?

- What does this say about His character?
- What does it say about His plans?
- What does it say about how He relates to us?

## GENESIS 31 & 32 - BROKEN AND RENAMED

- 4. What does this text say to me?
- Is there a sin that I need to address?
- Is there a promise I need to hold on to?
- Is there an example I should follow?
- Is there a command that I need to obey?
- Is there a Gospel truth?

# LOOK FORWARD

5. What am I going to do this week because of this text?

## GENESIS 31 & 32 - BROKEN AND RENAMED

6. Who do I think needs to know this?

PRAY for the Holy Spirit to help us do what the Bible says and share what we learned with one person.

S.O.A.P.S.

Sunday – Genesis 31-32 Monday – Deuteronomy 8:1-20 Tuesday – Matthew 16:13-20 Wednesday – Judges 17 Thursday – 1 Peter 5:1-11 Friday – Psalm 25 Saturday – Proverbs 29

Instructions on using S.O.A.P.S. is in the front of the book

# WEEK 7 GENESIS 33 – RECONCILIATION

### NOTES

1Then Jacob looked up and saw Esau coming with his 400 men. So, he divided the children among Leah, Rachel, and his two servant wives.2He put the servant wives and their children at the front, Leah and her children next, and Rachel and Joseph last.3Then Jacob went on ahead. As he approached his brother, he bowed to the ground seven times before him.4Then Esau ran to meet him and embraced him, threw his arms around his neck, and kissed him. And they both wept.5Then Esau looked at the women and children and asked, "Who are these people with you?" "These are the children God has graciously given to me, your servant," Jacob replied.

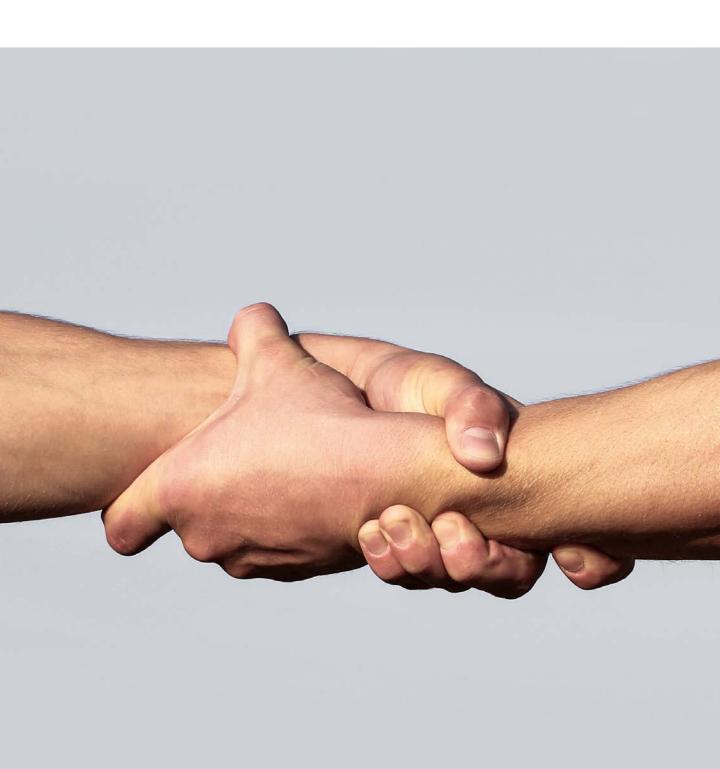
6Then the servant wives came forward with their children and bowed before him.7Next came Leah with her children, and they bowed before him. Finally, Joseph and Rachel came forward and bowed before him.8"And what were all the flocks and herds I met as I came?" Esau asked. Jacob replied, "They are a gift, my lord, to ensure your friendship."9"My brother, I have plenty," Esau answered. "Keep what you have for yourself."10But Jacob insisted, "No, if I have found favor with you, please accept this gift from me. And what a relief to see your friendly smile. It is like seeing the face of God!11Please take this gift I have brought you, for God has been very gracious to me. I have more than enough." And because Jacob insisted, Esau finally accepted the gift.12"Well," Esau said, "let's be going. I will lead the way."13But Jacob replied, "You can see, my lord, that some of the children are very young,

### GENESIS 33 - RECONCILIATION

and the flocks and herds have their young, too. If they are driven too hard, even for one day, all the animals could die.14Please, my lord, go ahead of your servant. We will follow slowly, at a pace that is comfortable for the livestock and the children. I will meet you at Seir."15"All right," Esau said, "but at least let me assign some of my men to guide and protect you." Jacob responded, "That's not necessary. It's enough that you've received me warmly, my lord!"16So Esau turned around and started back to Seir that same day.17Jacob, on the other hand, traveled on to Succoth. There he built himself a house and made shelters for his livestock. That is why the place was named Succoth (which means "shelters").18Later, having traveled all the way from Paddan-aram, Jacob arrived safely at the town of Shechem, in the land of Canaan. There he set up camp outside the town.

19Jacob bought the plot of land where he camped from the family of Hamor, the father of Shechem, for 100 pieces of silver.20And there he built an altar and named it El-Elohe-Israel.

# SERMON TAKEAWAY FOR THE WEEK:



# WEEK 7 GENESIS 33 – RECONCILIATION

# LOOK BACK

1. How has your relationship with Jesus been this past week?

- How have you obeyed what you learned?
- What are you grateful for?

2. Who did you share last week's lesson with?

## **GENESIS 33 - RECONCILIATION**

PRAY for the Holy Spirit to teach us as we study God's Word.

## LOOK UP

Read the Text. Repeat the text in your own words (for Group study, have one member do this aloud).

3. What does this text teach us about God?

- What does this say about His character?
- What does it say about His plans?
- What does it say about how He relates to us?

#### **GENESIS 33 - RECONCILIATION**

- 4. What does this text say to me?
- Is there a sin that I need to address?
- Is there a promise I need to hold on to?
- Is there an example I should follow?
- Is there a command that I need to obey?
- Is there a Gospel truth?

## LOOK FORWARD

5. What am I going to do this week because of this text?

### **GENESIS 33 - RECONCILIATION**

6. Who do I think needs to know this?

PRAY for the Holy Spirit to help us do what the Bible says and share what we learned with one person.

## S.O.A.P.S.

Sunday – Genesis 33 Monday – Matthew 5:21-26 Tuesday – Romans 5:1-11 Wednesday – 2 Corinthians 5:1-21 Thursday – Ephesians 2:11-22 Friday – Psalm 32 Saturday – 2 Chronicles 7:11-22

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# WEEK 8 GENESIS 34 - CONSEQUENCES

#### NOTES

1One day Dinah, the daughter of Jacob and Leah, went to visit some of the young women who lived in the area.2But when the local prince, Shechem son of Hamor the Hivite, saw Dinah, he seized her and raped her.3But then he fell in love with her, and he tried to win her affection with tender words.4He said to his father, Hamor, "Get me this young girl. I want to marry her."

5Soon Jacob heard that Shechem had defiled his daughter, Dinah. But since his sons were out in the fields herding his livestock, he said nothing until they returned.6Hamor, Shechem's father, came to discuss the matter with Jacob.7Meanwhile, Jacob's sons had come in from the field as soon as they heard what had happened. They were shocked and furious that their sister had been raped. Shechem had done a disgraceful thing against Jacob's family, something that should never be done.8Hamor tried to speak with Jacob and his sons. "My son Shechem is truly in love with your daughter," he said. "Please let him marry her.9In fact, let's arrange other marriages, too. You give us your daughters for our sons, and we will give you our daughters for your sons.10And you may live among us; the land is open to you! Settle here and trade with us. And feel free to buy property in the area."11Then Shechem himself spoke to Dinah's father and brothers. "Please be kind to me, and let me marry her," he begged. "I will give you whatever you ask.12No matter what dowry or gift you demand, I will gladly pay itjust give me the girl as my wife."13But since Shechem

had defiled their sister, Dinah, Jacob's sons responded deceitfully to Shechem and his father, Hamor.14They said to them, "We couldn't possibly allow this, because you're not circumcised. It would be a disgrace for our sister to marry a man like you!

15But here is a solution. If every man among you will be circumcised like we are,16then we will give you our daughters, and we'll take your daughters for ourselves. We will live among you and become one people.17But if you don't agree to be circumcised, we will take her and be on our way."18Hamor and his son Shechem agreed to their proposal.19Shechem wasted no time in acting on this request, for he wanted Jacob's daughter desperately. Shechem was a highly respected member of his family,20and he went with his father, Hamor, to present this proposal to the leaders at the town gate.21"These men are our friends," they said. "Let's invite them to live here among us and trade freely. Look, the land is large enough to hold them. We can take their daughters as wives and let them marry ours.22But they will consider staying here and becoming one people with us only if all of our men are circumcised, just as they are.23But if we do this, all their livestock and possessions will eventually be ours. Come, let's agree to their terms and let them settle here among us."24So all the men in the town council agreed with Hamor and Shechem, and every male in the town was circumcised.25But three days later, when their wounds were still sore, two of Jacob's sons, Simeon and Levi, who were Dinah's full brothers, took their swords and entered the town without opposition. Then they slaughtered every male there,26including Hamor and his son Shechem. They killed them with their swords, then took Dinah from Shechem's house

and returned to their camp.27Meanwhile, the rest of Jacob's sons arrived. Finding the men slaughtered, they plundered the town because their sister had been defiled there.28They seized all the flocks and herds and donkeys-everything they could lay their hands on, both inside the town and outside in the fields.29They looted all their wealth and plundered their houses. They also took all their little children and wives and led them away as captives.30Afterward Jacob said to Simeon and Levi, "You have ruined me! You've made me stink among all the people of this land-among all the Canaanites and Perizzites. We are so few that they will join forces and crush us. I will be ruined, and my entire household will be wiped out!"31"But why should we let him treat our sister like a prostitute?" they retorted angrily.

#### SERMON TAKEAWAY FOR THE WEEK:

# WEEK 8 GENESIS 34 - CONSEQUENCES

## LOOK BACK

1. How has your relationship with Jesus been this past week?

- How have you obeyed what you learned?
- What are you grateful for?

2. Who did you share last week's lesson with?

PRAY for the Holy Spirit to teach us as we study God's Word.

## LOOK UP

Read the Text. Repeat the text in your own words (for Group study, have one member do this aloud).

3. What does this text teach us about God?

- What does this say about His character?
- What does it say about His plans?
- What does it say about how He relates to us?

- 4. What does this text say to me?
- Is there a sin that I need to address?
- Is there a promise I need to hold on to?
- Is there an example I should follow?
- Is there a command that I need to obey?
- Is there a Gospel truth?

## LOOK FORWARD

5. What am I going to do this week because of this text?

6. Who do I think needs to know this?

PRAY for the Holy Spirit to help us do what the Bible says and share what we learned with one person.

S.O.A.P.S.

Sunday – Genesis 34 Monday – Exodus 3:1-22 Tuesday – Deuteronomy 7:1-26 Wednesday – Joshua 5:1-15 Thursday – Judges 3:1-14 Friday – Matthew 15:21-31 Saturday – Psalm 8

Instructions on using S.O.A.P.S. is in the front of the book



## WEEK 9

## GENESIS 35 & 36 - THE MEASURE OF A MAN

#### Genesis 35

1Then God said to Jacob, "Get ready and move to Bethel and settle there. Build an altar there to the God who appeared to you when you fled from your brother, Esau."2So, Jacob told everyone in his household, "Get rid of all your pagan idols, purify yourselves, and put on clean clothing. 3We are now going to Bethel, where I will build an altar to the God who answered my prayers when I was in distress. He has been with me wherever I have gone."4So they gave Jacob all their pagan idols and earrings, and he buried them under the great tree near Shechem.5 As they set out, a terror from God spread over the people in all the towns of that area, so no one attacked Jacob's family.6Eventually, Jacob and his household arrived at Luz (also called Bethel) in Canaan.7Jacob built an altar there and named the place El-bethel (which means "God of Bethel"), because God had appeared to him there when he was fleeing from his brother, Esau.

8Soon after this, Rebekah's old nurse, Deborah, died. She was buried beneath the oak tree in the valley below Bethel. Ever since, the tree has been called Allonbacuth (which means "oak of weeping").9Now that Jacob had returned from Paddan-aram, God appeared to him again at Bethel. God blessed him,10saying, "Your name is Jacob, but you will not be called Jacob any longer. From now on your name will be Israel." So

God renamed him Israel.11Then God said, "I am El-Shaddai-'God Almighty.' Be fruitful and multiply. You will become a great nation, even many nations. Kings will be among your descendants!12And I will give you the land I once gave to Abraham and Isaac. Yes, I will give it to you and your descendants after you."13Then God went up from the place where he had spoken to Jacob.14Jacob set up a stone pillar to mark the place where God had spoken to him. Then he poured wine over it as an offering to God and anointed the pillar with olive oil.15And Jacob named the place Bethel (which means "house of God"), because God had spoken to him there.16Leaving Bethel, Jacob and his clan moved on toward Ephrath. But Rachel went into labor while they were still some distance away. Her labor pains were intense.17After a very hard delivery, the midwife finally exclaimed, "Don't be afraid—you have another son!"18Rachel was about to die, but with her last breath she named the baby Ben-oni (which means "son of my sorrow"). The baby's father, however, called him Benjamin (which means "son of my right hand").19So, Rachel died and was buried on the way to Ephrath (that is, Bethlehem).20Jacob set up a stone monument over Rachel's grave, and it can be seen there to this day.21Then Jacob traveled on and camped beyond Migdal-eder.22While he was living there, Reuben had intercourse with Bilhah, his father's concubine, and Jacob soon heard about it. These are the names of the twelve sons of Jacob:23The sons of Leah were Reuben (Jacob's oldest son), Simeon, Levi, Judah,

Issachar, and Zebulun.24The sons of Rachel were Joseph and Benjamin.25The sons of Bilhah, Rachel's servant, were Dan and Naphtali.

26The sons of Zilpah, Leah's servant, were Gad and Asher. These are the names of the sons who were born to Jacob at Paddan-aram.27So, Jacob returned to his father, Isaac, in Mamre, which is near Kiriath-arba (now called Hebron), where Abraham and Isaac had both lived as foreigners.

28Isaac lived for 180 years.29Then he breathed his last and died at a ripe old age, joining his ancestors in death. And his sons, Esau and Jacob, buried him.

#### Genesis 36

1 This is the account of the descendants of Esau (also known as Edom).2 Esau married two young women from Canaan: Adah, the daughter of Elon the Hittite; and Oholibamah, the daughter of Anah and granddaughter of Zibeon the Hivite.3 He also married his cousin Basemath, who was the daughter of Ishmael and the sister of Nebaioth.4 Adah gave birth to a son named Eliphaz for Esau. Basemath gave birth to a son named Reuel.5 Oholibamah gave birth to sons named Jeush, Jalam, and Korah. All these sons were born to Esau in the land of Canaan.6 Esau took his wives, his children, and his entire household, along with his livestock and cattle-all the wealth he had acquired in the land of Canaan—and moved away from his brother, Jacob.7 There was not enough land to support them both because of all the livestock and possessions they had acquired.8 So, Esau (also known

as Edom) settled in the hill country of Seir.9 This is the account of Esau's descendants, the Edomites, who lived in the hill country of Seir.10 These are the names of Esau's sons: Eliphaz, the son of Esau's wife Adah; and Reuel, the son of Esau's wife Basemath.11 The descendants of Eliphaz were Teman, Omar, Zepho, Gatam, and Kenaz.

12 Timna, the concubine of Esau's son Eliphaz, gave birth to a son named Amalek. These are the descendants of Esau's wife Adah.13 The descendants of Reuel were Nahath, Zerah, Shammah, and Mizzah. These are the descendants of Esau's wife Basemath.14 Esau also had sons through Oholibamah, the daughter of Anah and granddaughter of Zibeon. Their names were Jeush, Jalam, and Korah.15 These are the descendants of Esau who became the leaders of various clans: The descendants of Esau's oldest son, Eliphaz, became the leaders of the clans of Teman, Omar, Zepho, Kenaz, 16 Korah, Gatam, and Amalek. These are the clan leaders in the land of Edom who descended from Eliphaz. All these were descendants of Esau's wife Adah.17 The descendants of Esau's son Reuel became the leaders of the clans of Nahath, Zerah, Shammah, and Mizzah. These are the clan leaders in the land of Edom who descended from Reuel. All these were descendants of Esau's wife Basemath.18 The descendants of Esau and his wife Oholibamah became the leaders of the clans of Jeush, Jalam, and Korah. These are the clan leaders who descended from Esau's wife Oholibamah, the daughter of Anah.19 These are the clans descended from Esau (also known as Edom), identified by their

clan leaders.20 These are the names of the tribes that descended from Seir the Horite. They lived in the land of Edom: Lotan, Shobal, Zibeon, Anah,21 Dishon, Ezer, and Dishan. These were the Horite clan leaders, the descendants of Seir, who lived in the land of Edom.22 The descendants of Lotan were Hori and Hemam. Lotan's sister was named Timna.23 The descendants of Shobal were Alvan, Manahath, Ebal, Shepho, and Onam.24 The descendants of Zibeon were Aiah and Anah. (This is the Anah who discovered the hot springs in the wilderness while he was grazing his father's donkeys.)

25 The descendants of Anah were his son, Dishon, and his daughter, Oholibamah.26 The descendants of Dishon were Hemdan, Eshban, Ithran, and Keran.27 The descendants of Ezer were Bilhan, Zaavan, and Akan.28 The descendants of Dishan were Uz and Aran.29 So, these were the leaders of the Horite clans: Lotan, Shobal, Zibeon, Anah,30 Dishon, Ezer, and Dishan. The Horite clans are named after their clan leaders, who lived in the land of Seir.31 These are the kings who ruled in the land of Edom before any king ruled over the Israelites :32 Bela son of Beor, who ruled in Edom from his city of Dinhabah.33 When Bela died, Jobab son of Zerah from Bozrah became king in his place.34 When Jobab died, Husham from the land of the Temanites became king in his place.35 When Husham died, Hadad son of Bedad became king in his place and ruled from the city of Avith. He was the one who defeated the Midianites in the land of Moab.36 When Hadad died, Samlah from the city of Masrekah became king in his place.

37 When Samlah died, Shaul from the city of Rehoboth-on-the-River became king in his place. 38 When Shaul died, Baal-hanan son of Acbor became king in his place.39 When Baal-hanan son of Acbor died, Hadad became king in his place and ruled from the city of Pau. His wife was Mehetabel, the daughter of Matred and granddaughter of Me-zahab.40 These are the names of the leaders of the clans descended from Esau, who lived in the places named for them: Timna, Alvah, Jetheth,41 Oholibamah, Elah, Pinon,42 Kenaz, Teman, Mibzar,43 Magdiel, and Iram. These are the leaders of the clans of Edom, listed according to their settlements in the land they occupied. They all descended from Esau, the ancestor of the Edomites.

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## S.O.A.P.S.

Sunday – Genesis 35:1-36:43 Monday – Proverbs 28 Tuesday – Genesis 17:1-27 Wednesday – Isaiah 63:1-19 Thursday – Genesis 25:1-11 Friday – Psalm 51 Saturday – Matthew 20:1-34

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## DECISION FOR JESUS



STARTING POINT

JOIN A GROUP



## **RELATIONSHIP INVENTORY**

Are there relationships in my life that need reconciliation?

Who do I need to be praying for during this series?

What do I need to be praying for?

## **RELATIONSHIP INVENTORY**

What do I need to do?

God I'm seeking reconciliation with \_\_\_\_\_\_.

I'm committing to pray and do the work necessary to heal this relationship.

(signature)

## PRAYER JOURNAL

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## PRAYER JOURNAL

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## PRAYER JOURNAL

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*Please heal my stressed out and fractured relationships.* 

Help me to own my own junk.

*Give me the eyes to see others and take action to meet their needs.* 

*Fill me with Your hope and grace. Help me to give to others what You have given me.* 

Amen.



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