



OVERCOMING LOW SELF-ESTEEM

HEBREWS 12:15; 2 SAMUEL 4:1-5; 9:1-13;
REVELATION 2:17; 2 CORINTHIANS 5:16-21

NOTES:

MY MAIN TAKEAWAY:

**CHALLENGE: PRAY ABOUT WHO IN YOUR LIFE YOU MAY NEED TO
RECONCILE WITH.**

S.O.A.P.S. FOR THE WEEK:

Psalm 27 * Joshua 1:9 * Jeremiah 17:7 * Psalm 139:13-14
Proverbs 3:25 * Isaiah 40:30-31 * Isaiah 41:10

SCAN THE QR CODE ON THE BACK TO LEARN HOW TO USE S.O.A.P.S.

Next week: Overcoming Stress and Burnout



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QUESTIONS TO CONSIDER:

1. What was your takeaway from the message and why? Was there anything that surprised you?
2. Read **2 Samuel 4:1-5, 9:1-13**. What about this story captures your attention, and perhaps, your heart? Why?
3. Has there ever been a time in your life when your choices or someone else's choices fractured you? What have you learned from the experience? Does the experience still impact you today, and if so, did anything in this week's sermon give you hope? Why or why not?
4. As you read the passage above, what does David's role in the story say to you about the impact we can have on others? Can you think of anyone your group could work together to impact for the Lord? What can you do as a group that would allow them to see that they matter to God and others? Brainstorm as a group on what your next steps might be.
5. What is the difference between resolution and reconciliation? Why should we seek reconciliation?
6. Read **2 Corinthians 5:16-21**. What does this passage of scripture say about who we are in Jesus? What does it say about the role we need to be playing in the lives of others? How seriously do you take this passage of scripture in your personal life? If you struggle fulfilling it, why? What is the ministry of reconciliation?
7. Who do I need to share this with or invite to join me on this journey?



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